

30 Day Lion Challenge

Help your Lion keep their skills sharp by taking on our 30- day challenge with activities to help with adventure and elective requirements!

Weeks 1 – Lion’s Honor and Fun on the Run

Week 2- Animal Kingdom and Mountain Lion

Week 3 – King of the Jungle and I’ll Do it Myself

Week 4 – Gizmos and Gadgets and Build it Up Knock it Down

Week 5- On your Mark and Rumble in the Jungle

*Craft supplies needed to complete activities can be any house held items such as toilet paper rolls, left over cardboard boxes, storage containers, LEGOs and coloring items.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1. Show your sportsmanship! Play a board game with your family	2. Practice your Cub Scout Salute	3. Make a nutritious snack to share. What makes it healthy?	4. Repeat the Cub Scout motto. What does it mean?	5. Get moving! Show 3 different exercise. Then try a new one!	6. Family discussion what can you do in an emergency.
7. Make a sign to hang in your front window thanking local doctors, nurses, police, or firefighters.	8. Turn off lights when not in use. Can you do this the rest of the month?	9. Go for a family walk. How can you respect nature while outside? * Make sure to have your safety mask.	10. Family discussion what should you do if you get lost while outdoors?	11. Make a list of items needed for a camping trip.	12. Build a blanket for and practice camping. Did your list help?	13. Draw a picture of what a leader looks like. Share with your family.
14. Set the table for every meal.	15. Practice tying your shoes.	16. Family discussion what is a good citizen?	17. Help make a checklist of your morning routine. Can you do any by yourself?	18. Watch a flag ceremony online. Why are people so careful with the flag?	19. Pick out your outfits for the next 3 days.	20. Explore motion. Build a ramp for a toy car and see how far it can go! *Tutorial on GLAAC Facebook & Instagram
21. Build a tower out of blocks how high can you build it?	22. Build a tower of blocks. Push it over gently, then hard. Which one set the blocks further?	23. Build a tower out of something other than blocks. Was it easy? Hard? Why?	24. Using everyday objects, build something that can help people.	25. Family discussion can family be built up? Knocked down? How so?	26. Build a ramp. Launch toy cars of different weights. Which ones go further?	27. Create a new game. What are the rules? Try it out with your family.
28. Draw a picture of your favorite jungle animal. Why is it your favorite?	29. Make a (safe) obstacle course outside. How fast can you go?	30. Pretend to be your favorite jungle animals. How do they move? Roar?				